

# 21 Day Consecration Jan. 5<sup>th</sup>-26<sup>th</sup> 2012

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## Kingdom First Ministries “God’s Favor For Kingdom Expansion”

According to the scriptures (Jonah 3:5), the word fast comes from “*tsom*” and means a time set aside to mourn or pray with no provision for one’s normal food needs. Fasting is the voluntary denial of food and anything else that pleases the flesh or that grieves the Holy Spirit. The Bible speaks of 3 types of food fasts.

1. **Absolute Fast**-abstinence from both food and water
2. **Normal Fast**-abstinence from food only
3. **Partial Fast**- abstinence from certain kinds of foods

### **People who fasted:**

1. Daniel 1:8-16, 9:3
2. Joel 1:14. 2:12-19
3. Cornelius-Acts 10:30-33
4. Nehemiah 1:4-7
5. Jesus-Matt 4:2

### **Purpose of KFM Fast:**

- Seek God’s will for 2012 corporately and individually
- Develop and enhance our prayer time
- Discipline the body, soul and spirit man
- Study the Word of God for deeper revelation
- Intercede for the lost, hurting, deceived, and backslidden
- Deliverance from personal strongholds
- Scripture memorization and application
- Power and demonstration in miracles, signs and wonders

### **Consecration Strategy**

- Increase prayer time and plan to attend all prayer meetings Thur. 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>
- Increase the number of times you pray daily
- Increase your time spent reading the Bible-focus on repentance, humility, obedience,...
- Journal your consecration journey as God speaks to you
- Increase your financial giving as an act of faith
- Remove the distractions like movies & TV, Facebook & other social sites
- Avoid recreational texting, excessive telephone use...
- Confess the word daily and say what the Word says about you, your circumstances, and your future...